VEGETABLE DIP (pg 1)

STEP	INGREDIENT	PROCEDURE
1	1 cup sour cream	Place all the ingredients into a bowl and mix thoroughly.
_	2 cups mayonnaise	
	1 teaspoon garlic salt	Serve with vegetables, crackers or chips
	1 Tablespoon Parmesan cheese	
	1 Tablespoon parsley flakes	

HOW TO CUT VEGETABLES FOR DIPS (pg.1)

STEPS	INGREDIENT	PROCEDURE
1	Vegetable peeler	Wash carrots Peel carrots with a peeler and then cut into sticks
2		Wash broccoli
_	Broccoli	Cut broccoli into small pieces
3	Celery	Tear apart stalks, cut off leafy top and white end of each stalk
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		Wash celery
		Cut each stalk into sticks.
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