














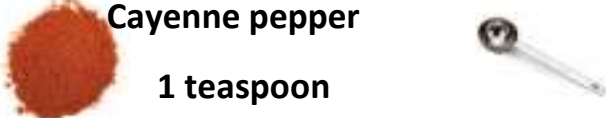
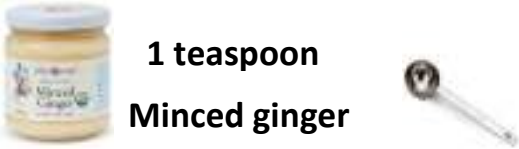
## NUTTY BEAN DIP (pg. 1)

STEP	INGREDIENT	PROCEDURE
1	<div><p>Almonds</p><p><math>\frac{3}{4}</math> cup </p></div>	<p>Add nuts to food processor and chop fine.</p> 
2	<div><p>White beans</p><p>1 can,13-15oz.</p><p>Colander</p><p>Red onion</p><p><math>\frac{1}{4}</math> cup</p></div>	<p>Drain beans and rinse</p>  <p>Chop onion to measure <math>\frac{1}{4}</math> cup</p> 










**Add nuts to food processor and chop fine.**



## NUTTY BEAN DIP (pg.2)

STEP	INGREDIENT	PROCEDURE
3	 <p><b>Chopped Almonds</b></p>	<p><b>Add beans, onion, garlic, pepper, ginger to almonds in food processor &amp; process until chopped fine</b></p> 
	 <p><b>Red onion</b></p>	
	 <p><b>Rinsed beans</b></p>	
	 <p><b>Minced garlic</b> <b>1 teaspoon</b></p>	
	 <p><b>Cayenne pepper</b> <b>1 teaspoon</b></p>	
	 <p><b>1 teaspoon</b> <b>Minced ginger</b></p>	

## NUTTY BEAN DIP (pg.3)

STEP	INGREDIENT	PROCEDURE
<b>4</b>	<div style="display: flex; flex-direction: column; align-items: center;"> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;">1 Tablespoon Miso paste</div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;">¼ cup olive oil</div>  </div> <div style="display: flex; align-items: center;">  <div style="margin-left: 10px;">¼ cup lime juice</div>  </div> </div>	<p>Add Miso paste, olive oil and lime juice to food processor and blend until smooth.</p> <div style="text-align: center;">  </div>
	<div style="display: flex; align-items: center;">  <div style="margin-left: 10px;">3 oz. spinach</div> </div>	<p>Tear spinach into small pieces and add to food processor, process until smooth.</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>Serve with chips or vegetables.</p>